



PRACTICE QUESTIONS FOR VCE

HEALTH AND HUMAN DEVELOPMENT

Unit 3: Area of Study 2
Promoting health and
wellbeing

SET 2

Question 1 (5 marks)

On 1 April 2018, private health insurance premiums increased.

a. Describe private health insurance.

1 mark

b. Provide **one** reason why private health insurance premiums have increased.

1 mark

The Australian Government wants more people who can afford it to have private health insurance.

c. Explain why this is the case and identify **one** way that the government entices people to take out private health insurance.

3 marks

Question 2 (7 marks)

- a.** Briefly describe **one** health promotion program that focuses on either smoking, skin cancer or road safety.

3 marks

- b.** Explain how the program described in **part a.** reflects **two** action areas of the Ottawa Charter for Health Promotion.

4 marks

ANSWERS

Question 1a.

Sample response

Private health insurance is optional and covers some of the cost of additional healthcare that an individual pays for. It can include coverage for services such as physiotherapy.

Mark allocation: 1 mark

- 1 mark for the above description (key terms include optional, additional, healthcare coverage)

Question 1b.

Sample response

Private health insurance premiums have increased to account for the increased costs of healthcare. These increased costs are due to an ageing population and an increase in lifestyle diseases.

Mark allocation: 1 mark

- 1 mark for any valid reason (e.g. ageing population, an increase in lifestyle diseases, increased cost of living, increased demand for healthcare)

Question 1c.

Sample response

The Australian Government wants more people to take out private health insurance as this will decrease the burden on the public health system. They do this by offering incentives for taking out private health insurance. One incentive is the Medicare levy surcharge. This is where individuals who earn over a certain threshold (higher-income earners) must pay an additional levy (means tested) if they do not have private health insurance.

Note: Other possible incentives that could be discussed are listed below.

- The private health insurance rebate subsidises private health insurance premiums.
- The Lifetime Health Cover loading encourages people to take out hospital insurance by the age of 30 and maintain it.

Mark allocation: 3 marks

- 1 mark for explaining why the Australian Government wants people to take out private health insurance
- 1 mark for correctly identifying an Australian Government incentive
- 1 mark for explaining the incentive program

Question 2a.

Sample response

Smoking: The Quit program has worked hard to phase out tobacco advertising on television and radio. It has made changes to laws in matters such as plain packaging and smoke-free areas. It also runs a quit helpline that offers support and advice for those trying to give up smoking.

OR

Skin cancer: The SunSmart program encourages schools to have policies like 'no hat, no play'. They also advocate for shade when planning new outdoor spaces and they have an app that informs people of the ultraviolet (UV) levels for the day. The SunSmart program has a catchy slogan 'slip, slop, slap, seek and slide', which encourages people to slip on a shirt, slop on some sunscreen, slap on a hat, seek shade and slide on sunglasses.

OR

Road safety: The Driver Reviver program includes setting up to 220 Driver Reviver sites, which are open each holiday season. These are along popular routes and offer a place to stop and refresh (e.g. free tea, coffee and snacks, toilet stops). It involves State Emergency Service (SES) volunteers, volunteer fire services (e.g. Country Fire Authority (CFA)) and the Lions Club. The program also offers holiday motoring tips online (e.g. education regarding the dangers of driving when fatigued).

Mark allocation: 3 marks

- 1 mark for describing each characteristic of one program (up to 3 marks)



Tip

- *Use different and specific characteristics of your chosen program to avoid duplicating content.*

Question 2b.

Sample response

Smoking: The Quit program reflects the action area of building healthy public policy. This involves implementing rules and laws with good health in mind, such as increasing the number of smoke-free areas.

It also reflects the action area of creating supportive environments. This is where making the healthy choice is the easy choice, which is also achieved by having more smoke-free areas, and by having a Quit helpline for support.

OR

Skin cancer: The SunSmart program reflects the action area of building healthy public policy. This involves implementing rules and laws with good health in mind, such as the development of policies like the 'no hat, no play' policy in schools.

It also reflects the action area of creating supportive environments. This is where making the healthy choice is the easy choice, which is also achieved by ensuring all new outdoor play areas have shade.

OR

Road safety: The Driver Reviver program reflects the action area of strengthening community action. This includes people working together to achieve positive health outcomes, such as SES volunteers, CFA and Lions Club.

It also reflects the action area of development of personal skills as it involves education. This is achieved through the holiday motoring tips provided online.

Mark allocation: 4 marks

- 1 mark for showing an understanding of each Ottawa Charter for Health Promotion action area (up to 2 marks)
- 1 mark for explaining how the program reflects each action area (up to 2 marks)