



# VCE HEALTH AND HUMAN DEVELOPMENT UNITS 3&4 [2021]

Unit 3 AOS 2: Progress check 3

**YOUR NAME:** Panayiota Matheou

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## STRUCTURE OF EXAM

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Section A - Short Answer

2 questions

9 marks

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**9 marks**

## WHEN YOU FINISH

Get your marks, and view solution videos that explain the answer to each question at:

**[edrolo.com.au/e5609](https://edrolo.com.au/e5609)**

### SECTION A – SHORT ANSWER

**Question 1**

3 marks

Through effective health promotion Australia has made significant improvements in regards to tobacco use, road accidents and skin cancer.

Choose one of the issues (tobacco use, road accidents or skin cancer) and explain how the health promotion strategies reflect the listed action areas of the Ottawa Charter:

- Build Healthy Public Policy
- Create Supportive Environments
- Strengthen Community Action

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**Question 2** (6 marks)

Red Nose formerly SIDS and Kids is a highly respected not-for-profit organisation founded in 1977. Its original charter was to help reduce the occurrence and impact of Sudden Infant Death Syndrome (SIDS).

The organisation has saved over 9,000 little lives over the past 26 years (after the introduction of Safe Sleeping) by providing parents and carers with safety advice and education around safe sleeping habits and funding critical research into SIDS. It delivers on its vision through world class research, evidence-based education, bereavement support and advocacy. \$16.5 million has been invested in research to date.

Red Nose has helped to ensure infant sleeping and transport devices meet Australian Standards, they also work with health care professional to ensure they educate new parents of the importance of safe sleeping habits along with environmental conditions in the home, such as not smoking during and after pregnancy, correct room temperatures and the placement of infants within cots.

Adapted from the website: <https://rednose.com.au>

**Question 2.a**

2 marks

Identify two aspects of the Red Nose campaign that could have contributed to its success in reducing deaths from Sudden Infant Death Syndrome.

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**Question 2.b**

4 marks

Identify two action areas of the Ottawa Charter and detail how the Red Nose health promotion campaign reflects these.

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